



Safehaven Stories

Autumn 2019

Bringing Hope, Changing Lives

Each year we meet some amazing people and see wonderful things at Safehaven. Here are some updates on some of the things that have been happening this year. **Thank you for your support**, and for enabling us to do these things and be part of these stories.

Sam Coates and Jonny Gumbel, Safehaven Ministries

Safehaven Women

We welcome around 60 women to the **Women's Drop-in** weekly. 'Small Groups' were launched last year – meeting for activities including knitting, exercise, art and choir outside of the Drop-in day. The choir performed at the Sussex Emergency Services Christmas Carols hosted at St Peter's! One guest said of her group ***"it really helps me with my confidence and gives me something to look forward too."***



Last summer several local women's hostels invited us to run small sessions in their shelters. A small group of volunteers run these sessions weekly, bringing the women love, compassion and hope.

We also welcomed 78 women to Holmstead Manor for our Summer Party in July.



24 mothers and babies are supported by our **Mother & Baby** group. Last year we launched Kids Matter, a parenting programme for vulnerable parents and carers. One mother told us, ***"These weeks have been a real journey for our family. My 4-year-old now says, "I love you mummy", he never used to do that before."*** We look forward to running it again in October!

Safehaven Saturday



“The most beautiful community-based activity I have found in this city so far.”

“If Safehaven was not around I would not be around.”

Between 90 and 125 individuals are served every week at our Safehaven Saturday meal – with an amazing team of close to 45 every Saturday who welcome our guests into our community. Each week people find peace, build friendships, and are filled with hope.



Safehaven Men



Between 50-60 homeless and vulnerable men are welcomed to the Men’s Drop-in each week. We have lunch together in the hall, and the church is open as a space to relax, play games, and a space for reflection.

It is an informal environment, with the aim simply to be a safe, non-judgemental place where men can relax and feel part of a community.

Brighton & Hove Churches' Night Shelter

Since opening in 2011 the Churches' Night Shelter (a partnership of churches across the city) has provided emergency shelter to over 400 rough sleepers. To better support our guests last season, The Shelter was extended from 18 to 22 weeks and employed additional staff.



“For me it was invaluable because I didn’t wanna be out there on the streets at night, I’m too old for that now. I just wish everyone could get in here. During the day, it actually gave me something to look forward to.” Mike, Night Shelter guest 2018-19

Mike is now living and working with Emmaus.



The Students at St Peter’s are running their second sleep-out this November. Last year they raised almost £2,500 for The Shelter.



WHAT'S COMING UP

Kids Matter Parenting course starts, Oct

Night Shelter 2019-20 season starts, 11 Nov

The Big Student Sleep-out, 12 Nov

Launch of dedicated Safehaven Facebook page

THANK YOU!

To our amazing Safehaven volunteers, who give over 600 hours a week!

To over 700 Night Shelter volunteers across all our partner churches, who gave 13,860 hours last season to support our guests.

To all of our funders and those who donate regularly to help keep Safehaven running.

TO DONATE

Safehaven Women

<https://www.justgiving.com/campaign/safehavenwomen>

Night Shelter

<https://www.justgiving.com/campaign/brightonandhovechurchesnightshelter>

OR

<https://stpetersbrighton.org/giving>

(PLEASE INDICATE WHAT DONATION IS FOR)

TO VOLUNTEER

For **Safehaven Women** –
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For **The Night Shelter** –
elisha.phillips@stpetersbrighton.org
saz.fury@stpetersbrighton.org

For **Safehaven Saturday and Safehaven Men** –
emily.collins@stpetersbrighton.org

FUNDRAISING

Can you help us fundraise for Safehaven?

Can you run, bake, host a party, shave your head for charity?

We would LOVE your support!

Please contact Sara Marsden-King (sara@stpetersbrighton.org) for more details.